



## Privacy Policy

**Effective Date: November 1, 2023**

At JCFLETICS, we are committed to protecting your privacy and ensuring the security of your personal information. This Privacy Policy outlines how we collect, use, and safeguard your data.

### **1. Information Collection:**

We may collect personal information, including but not limited to names, email addresses, phone numbers, and payment details when you subscribe to our services, make a purchase, or interact with our website.

### **2. Use of Information:**

We use your data for the following purposes:

- To provide our fitness coaching services.
- To personalize and improve your experience.
- To send you relevant updates and promotions.
- To process payments.
- To respond to inquiries and provide customer support.

### **3. Data Protection:**

We implement industry-standard security measures to protect your information from unauthorized access, disclosure, alteration, or destruction.

### **4. Data Sharing:**

We may share your information with trusted partners and service providers only when necessary for delivering our services. We do not sell or trade your data to third parties.

## **5. Cookies:**

We use cookies to enhance your website experience. You can modify your browser settings to manage cookies.

## **6. Third-Party Links:**

Our website may contain links to third-party sites. Please be aware that we are not responsible for their privacy practices.

## **7. Access and Control:**

You have the right to access, update, or delete your personal information. You can do so by contacting us at [info@jcfletics.com](mailto:info@jcfletics.com).

## **8. Children's Privacy:**

Our services are not intended for individuals under the age of 18. We do not knowingly collect data from minors.

## **9. Changes to Privacy Policy:**

We may update our Privacy Policy from time to time. Any changes will be posted on our website with the revised effective date.

## **10. Contact Us:**

If you have any questions or concerns about this Privacy Policy, please contact us at [info@jcfletics.com](mailto:info@jcfletics.com).

By using our services and website, you agree to the terms of this Privacy Policy. Please review this policy regularly for any updates.